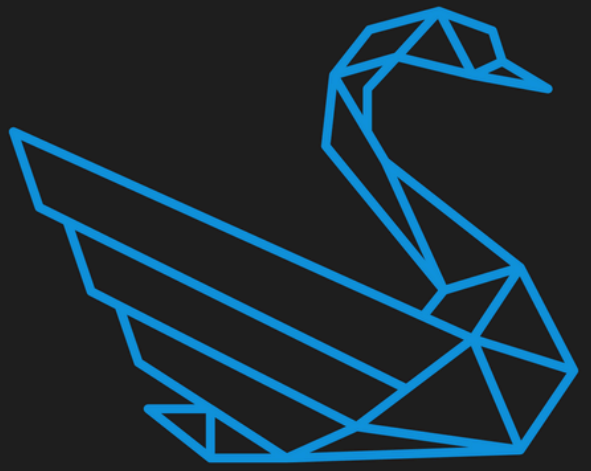


CHELMER VALLEY SIXTH FORM

#THE HEART OF THE SCHOOL



PHYSICAL EDUCATION

BTEC SPORT OR A LEVEL PE

Contact: Mr Wareham, Head of PE

Course Content: BTEC/A Level

Paper 1: Anatomy & Physiology /
Scientific Principles of PE

Paper 2: Fitness Training &
Performance / Psychological
Principles of PE

Paper 3: Practical Performance
(A Level)

Paper 4 (if required):
Performance analysis and
development programme (A
Level)

NEA: 2 x coursework modules



Why you should do this course...

- ✓ To develop a passion for sport away from just the practical element.
- ✓ To seek a career in sport.
- ✓ To look to expand your understanding of how sports performers move and the mental side to professional sport